



**Saturday, Sept. 11, 2021**

Rain or Shine

Registration/Check-In begins at 8:30 AM

Race begins at 9:30 AM

Awards ceremony to follow

**CANOE CREEK STATE PARK  
HOLLIDAYSBURG, PA**

## REGISTRATION

Pre-register by August 28, 2021 (includes t-shirt)

- \$20.00 fee for each participant over 10 years of age
- \$10.00 fee for each participant under 10 years of age
- \$17.00 fee Family/Team Rate (three or more from same household, organization, workplace, etc.) Members **MUST** pre-register together. *Fill out a separate form for each participant, but mail them in the same envelope.*

Registration after August 28, 2021, and race day

- \$25.00 fee for each participant over 10 years of age
- \$15.00 fee for each participant under 10 years of age
- **NO FAMILY/TEAM RATE AFTER AUGUST 28, 2021**

*T-shirts subject to availability after August 28 and on race day.*

Complete registration form and mail along with race fee payable to CCH or drop it off at the Community Chapel of Hesston church office.

*Community Chapel of Hesston  
c/o Nicole Wagner  
5789 Orchard Road, Huntingdon, PA 16652*

You can also register online at <https://hishandsandfeet.wixsite.com/hishands-feet-cchy>

## AWARDS

Top overall male and female 5k finishers

Top 3 5k finishers in each age category: 12 & under, 13-18, 19-29, 30-39, 40-49, 50+ (All children 12 years and under receive a ribbon.)

All proceeds benefit  and the Summer 2022 Mission Trip.

## REGISTRATION FORM

NAME: \_\_\_\_\_ SEX: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

PHONE: \_\_\_\_\_ EMAIL (for confirmation): \_\_\_\_\_

AGE: \_\_\_\_\_ AGE CATEGORY (CIRCLE ONE): 12&U 13-18 19-29 30-39 40-49 50+

CIRCLE T-SHIRT SIZE: YS YM YL YXL S M L XL XXL XXXL

( ) RUNNING ( ) WALKING

### PARTICIPATION WAIVER STATEMENT

I know that running a trail race is a potentially hazardous activity. I should not enter and run/walk unless I am medically able and properly trained. I also know that there can be hazards, debris, and poor footing on the course and assume the risk of running/walking on it. I also assume any or all other risks associated with running/walking or attending the race including but not limited to falls, contact with other participants, the effect of weather, getting lost, wildlife or insect attacks and all such risks being known to and appreciated by me. Knowing these facts, and in consideration of your accepting my registration fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge the Community Chapel of Hesston and its Youth Group, all municipalities in which the event is held, all other organizations directly or indirectly associated with the race, any and all sponsors, or anyone else associated in any way with the race, for claims or liability for death, personal injury, or property damage of any kind or nature whatsoever arising out of or in the course of, my participation in the event(s). The waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown. I certify that I am in good health and am conditioned for this event. I, the signed entrant or parent/guardian take full and total responsibility for myself and my guardians in this event.

I hereby release any and all rights to any pictures or videos taken of myself during the race and accept that they will be the property of the Community Chapel of Hesston Youth Group to use as they see fit.

**BY SIGNING THIS, I ATTEST THAT I HAVE READ AND UNDERSTAND THIS WAIVER.**

Signature \_\_\_\_\_ Date \_\_\_\_\_

(Parent signature required if participant is under 18)

**Pre-Registration Fee (before August 28<sup>th</sup>):** \$20.00 for each participant 10 and up. Teams of 3 or more, \$17.00 for each participant. Children 10 and under \$10.00.

**Registration after August 28<sup>th</sup> and race day:** \$25.00 for each; \$15.00 for 10 & under

Make checks payable to  
CCH and mail to:



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c/o Nicole Wagner  
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